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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Monday, January 22, 2024

How do we speed up our Ascension?

How do we speed up our Ascension? Dedication to Love and Service to Others brings Love and Light closer to you in your life.

I highly recommend asking your Higher Self for help fast tracking your progress, also God. They have infinite power to help you.

Here is an example you can pray- "My Higher Self and God, Father, of the highest Love and Light, I intend to be of service to others. I have made the choice, and dedicate my life to Love and Service to Others. I dedicate my life to releasing the suffering of all life on Earth. Please support me in all areas of this request and provide your guidance and resources to make it so. God's Holy Will be done! And so it is!"

- January 22, 2024

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Light body
Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)
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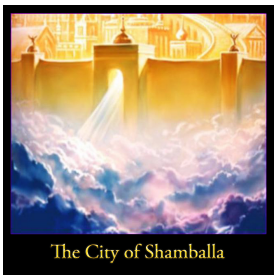

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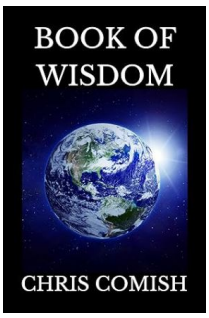

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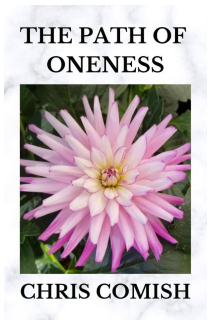

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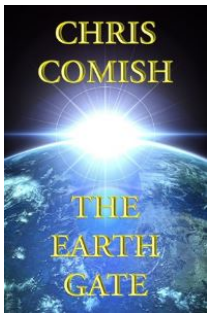

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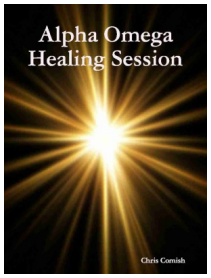

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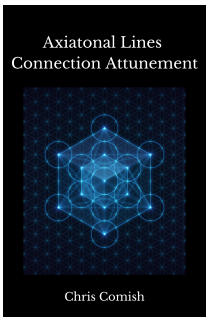

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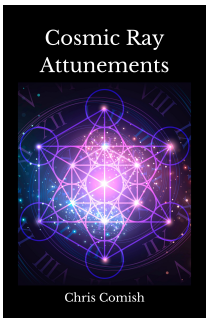

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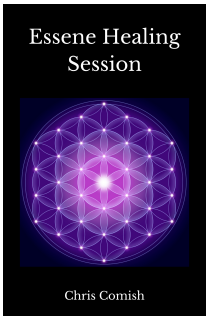

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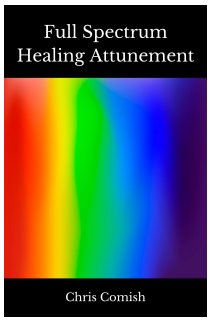

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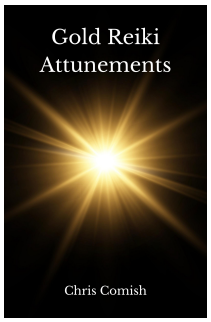

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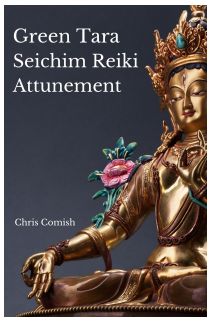

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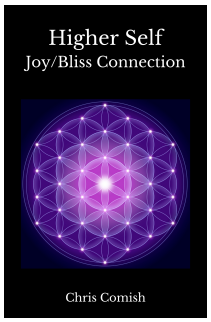

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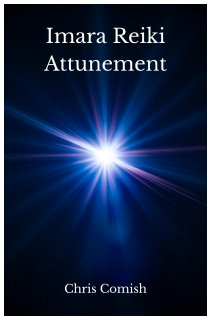

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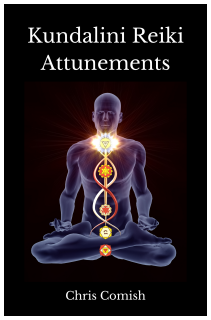

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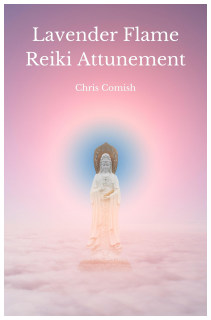

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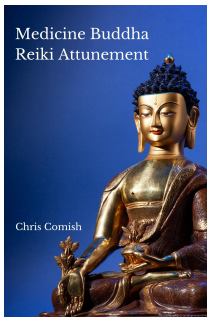

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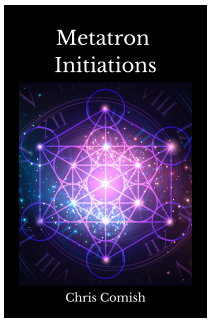

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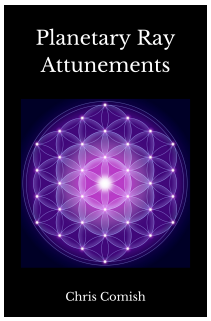

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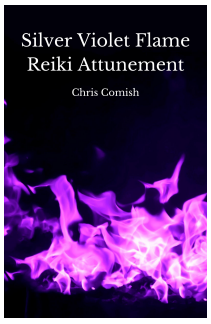

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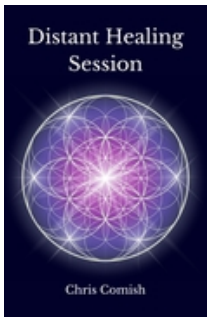

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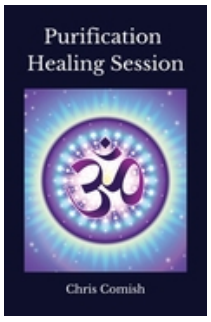

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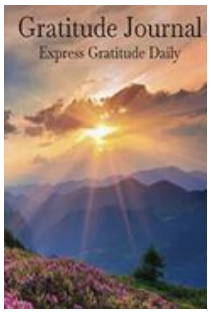

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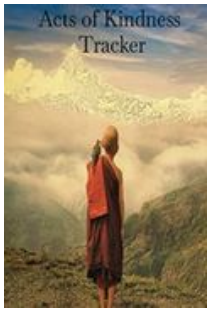

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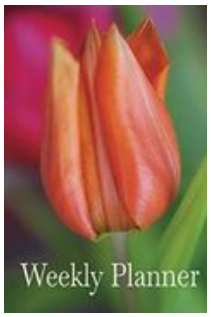

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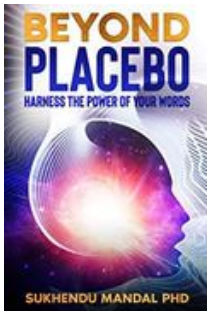

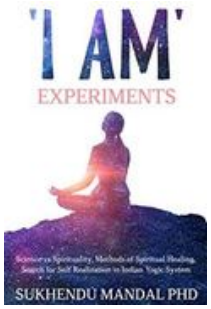

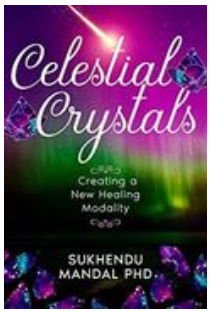

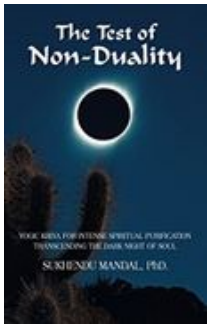

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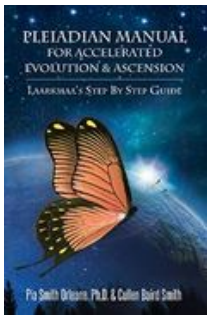

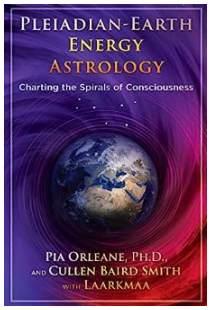
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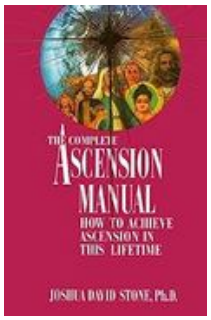
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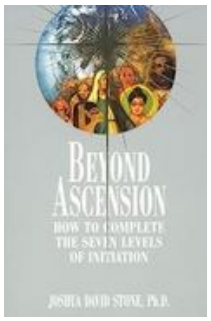
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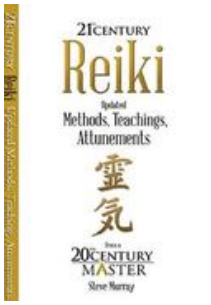
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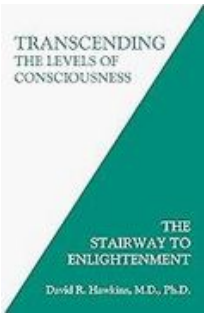
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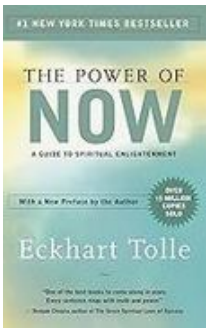
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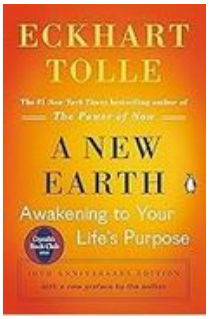
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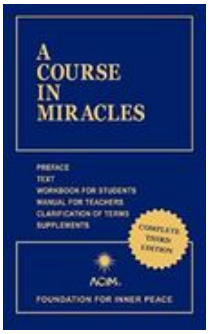
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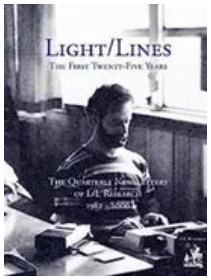
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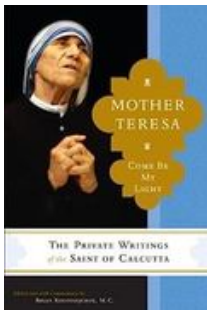
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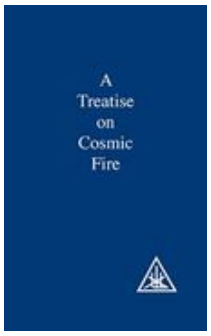
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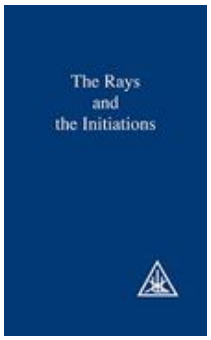
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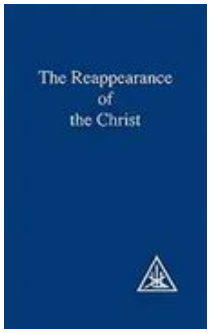
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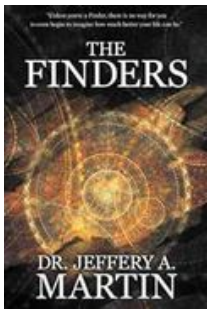
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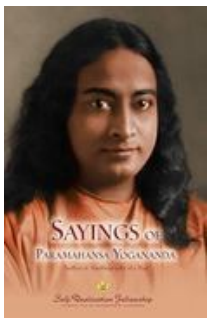
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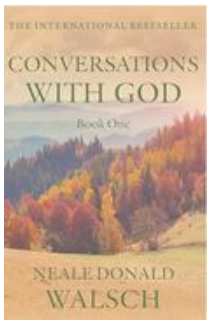
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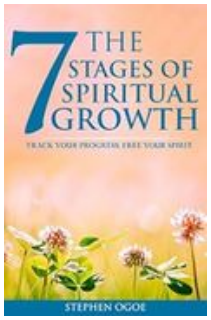
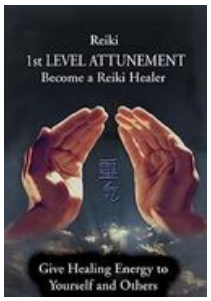
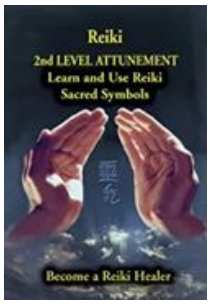
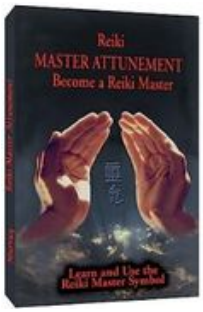
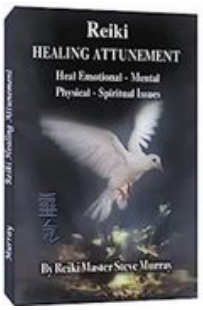


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
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